

## USEFUL INFORMATION

At this period of the year, temperatures can vary from 10° to 30° Celsius. However, they are generally between 15° and 25° C. In the mountain, we can have some showers or thunderstorms, as well as sunny days.

### Clothes:

We advise you to pack:

- Walking shoes
- City shoes
- Sneakers for inside (to be used inside the sports centre only - no black soles)
- Windproof jacket (K-way)
- Sweater
- T-shirts
- Shorts
- Trousers
- Hood and ski gloves (for the skating rink)
- Swimming suit and towel
- Sunscreen
- Cap
- Backpack (small or medium) and flask
- Tracksuit
- Toiletry kit
- Underwear
- Pyjamas
- Pencil case (pen, 2 pencils, 1 rubber, 1 ruler, 4 colour pens)
- Dictionary French-your mother tongue or dictionary English-your mother tongue, depending on the course you have chosen
- Tennis racket, balls, etc.

### Remarks

The bed linen (sheets, pillow, ...) and towels are provided by the hotel during the stay.

Cleaning of personal clothes is included in the price for the students who stay more than two weeks.

If your child brings his/her lap-top and other electronic devices, it can be put in a safe by the Director of the camp. We decline any responsibility in case of theft, loss or damage.

Wi-Fi available. Throughout the hotel the use of Internet is limited and controlled depending on the age of the child.

## Pocket money

You can give pocket money to your child for his/her stay (about CHF 50.-/week). The Director will put it in a safe and it will be handed out to your child upon request.

If your child would like to take part in additional activities (see below), please be so kind as to give him/her enough money, since these activities have to be paid on the spot.

Furthermore, children going back home by plane should have about CHF 100.- with them in case of possible excess weight of their luggage.

## Additional activities

- Tennis: booking of a court: CHF 10.-/hour/pers.  
(please bring your own racket and balls)  
lessons: CHF 80.-/hour for 1 person, CHF 90.-/hour for 2 persons
- Horse riding: lunge: CHF 35.-/half hour  
ride: CHF 38.-/hour (only for experienced pupils)

The above-mentioned activities can take place during free time (about 2 hours every two days). The sports centre is located at a two minutes' walk from the Hotel Suisse!

- Paragliding: CHF 120.-/flight (only with parents' written authorization)

## How to get to Champéry

Motorway Lausanne—Montreux—Aigle—St-Triphon.

Exit St-Triphon, direction Champéry—Morgins.

In Champéry, remain on the main road along the railway until you arrive at the sports centre; then turn right and go up the street. The Hotel Suisse is located about 200 meters above the sports centre (next to the main church).

## Camp address

**Hôtel Suisse**

Rue du Village 55

1874 Champéry (Valais)

[Google maps link](#)

Mobile: +41 (0) 79 936 19 33 (Mr. Claude Magnin)

Fax: +41 (0) 21 654 65 05

Email : [magnin@ensr.ch](mailto:magnin@ensr.ch)